

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Student Journal: Bird Olympics

✓Nestlings  
✓Fledglings

*How do you compare with the Bird Olympic Champions? Move through the stations and find out!*



## Station 1: Golden Eagle

A Golden Eagle has a wingspan of 7 1/2 feet.

I have a wingspan of \_\_\_\_\_ feet and \_\_\_\_\_ inches.



## Station 2: Great Blue Heron

A Great Blue Heron can stand on one while sleeping leg for hours.

I can stand on one leg for \_\_\_\_\_ minutes and \_\_\_\_\_ seconds.



## Station 3: Great Horned Owl

A Great Horned Owl can stare for hours while hunting.

I can stare for \_\_\_\_\_ minutes and \_\_\_\_\_ seconds without blinking.



## Station 4: Rufous Hummingbird

In 10 seconds, a Rufous Hummingbird can beat its wings 700 times,

In 10 seconds, I can flap my “wings” \_\_\_\_\_ times.



## Station 5: American Kestrel

An American Kestrel can fly up to 65 miles per hour in pursuit of prey.

I can run 20 yards in \_\_\_\_\_ seconds.

This is equal to \_\_\_\_\_ miles per hour.

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✓ Fledglings

*Fill out the following information about bird adaptations.*

1. What is an adaptation?
2. What are two examples of a physical adaptation?
3. What are two examples of a behavioral adaptation?
4. What is an adaptation of a bird that feeds on flowers?
5. What is an adaptation of a bird that hunts at night?
6. If you were a bird, what is an adaptation you would want?